5<sup>th</sup> Tah Poe School on Cosmology

July 2019

## Theoretical cosmology

David Wands Institute of Cosmology and Gravitation University of Portsmouth

### Theoretical cosmology Introduction to Inflation - part IV Models of single-field slow-roll inflation

### David Wands

Institute of Cosmology and Gravitation University of Portsmouth

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### Models of inflation

Large-field inflation Small-field inflation Natural inflation Higgs inflation Starobinsky inflation

### nflationary phenomenolgy

Multi-field models and non-Gaussianity Stochastic inflation

### previously...

Primordial perturbations from inflation:

- initial conditions from sub-Hubble scale vacuum fluctuations
- gauge-invariant field+metric fluctuations from inflaton field fluctuations
- slow-roll induces weak scale-dependence
  - confirmed by observations
- gravitational waves (tensors) also predicted
  - but not yet seen
- Observations can
  - constrain model parameters
  - discriminate between different kinds of inflation models

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### nflationary phenomenolgy

also known as chaotic or monomial inflation

$$V(\varphi) = \frac{\lambda_p}{p!} \frac{\varphi^p}{M_P^{p-4}}$$

slow-roll parameters:

$$\epsilon_{\mathbf{v}} = \frac{p^2}{16\pi} \left(\frac{M_P}{\varphi}\right)^2 \quad , \quad \eta_{\mathbf{v}} = \frac{p(p-1)}{8\pi} \left(\frac{M_P}{\varphi}\right)^2$$

▶ slow-roll,  $\epsilon$ ,  $|\eta| \ll 1$ , requires  $\varphi \gg pM_P$ 

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ight)^{2} \quad , \quad \eta_{v} = rac{p(p-1)}{8\pi} \left(rac{M_{P}}{arphi}
ight)^{2}$$

$$egin{aligned} \mathcal{N}(arphi,arphi_{ ext{end}}) &\simeq \int_{arphi_{ ext{end}}}^{arphi} \sqrt{rac{4\pi}{\epsilon_{ extsf{v}}}} \, rac{darphi}{M_P} &\simeq \int_{arphi_{ ext{end}}}^{arphi} rac{8\pi}{p} \, rac{arphi}{M_P} \, rac{darphi}{M_P} \ &\Rightarrow \quad arphi(\mathcal{N}) \simeq \sqrt{rac{pN}{4\pi}} \, M_P \end{aligned}$$

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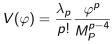
### Models of inflation

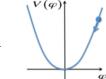
### Large-field inflation

Small-field inflation Natural inflation Higgs inflation Starobinsky inflation

### nflationary phenomenolgy

also known as chaotic inflation





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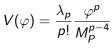
Inflationary phenomenolgy

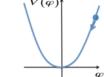
Multi-field models and non-Gaussianity Stochastic inflation

▶ slow-roll solution  $\varphi(N)$ :

$$\epsilon \simeq rac{p}{4N}$$
 ,  $\eta \simeq rac{p-1}{2N}$ 

also known as chaotic inflation





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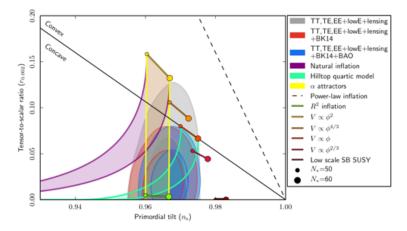
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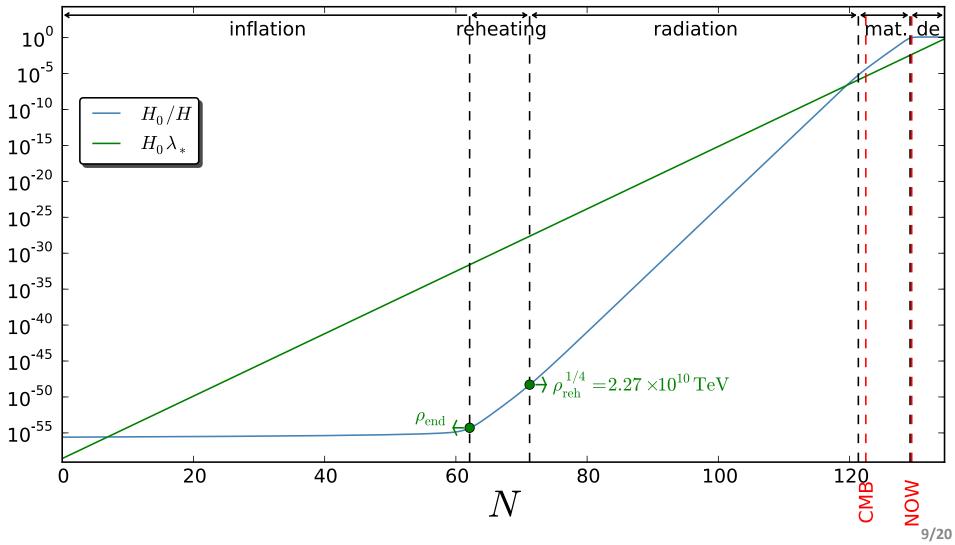
• e.g., p = 2, quadratic inflaton,  $V = m^2 \varphi^2/2$ 

$$\epsilon \simeq \eta \simeq \frac{1}{2N} \simeq 0.01$$
 for  $N = 50$   
 $n_R - 1 \simeq -0.04$  ,  $r \simeq 0.16$ 

Planck Collaboration: Constraints on Inflation



## **Role of Reheating**



### Reheating: simplest case

 Coherent inflaton field oscillations are non-relativistic inflaton particles

$$\langle 
ho_{arphi} 
angle_t = m n_{arphi} \propto a^{-3}$$

 Perturbative decay (Γ < m) to light (relativistic) particles

$$\mathcal{L}_{\text{int}} = -\lambda_i \sigma \varphi \chi_i^2 - \lambda_j \varphi \bar{\psi}_j \psi_j$$
  

$$\Rightarrow \quad \Gamma = \frac{\lambda_i^2 \sigma^2}{8\pi m} + \frac{\lambda_j^2 m}{8\pi}$$
  

$$\dot{\rho}_{\varphi} + 3H(\rho_{\varphi} + P_{\varphi}) = -\Gamma \varphi^2$$

(non-perturbative decay (preheating) can also be important)

• energy transfered from inflaton to radiation when  $H < \Gamma$ 

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### Reheating: temperature and *e*-folds

decay followed by thermalisation to reheat temperature

$$ho_{
m rh} \leq rac{3H_{
m decay}^2}{8\pi\,G} = rac{3\Gamma^2}{8\pi\,G}$$

$$\Rightarrow \quad \mathcal{T}_{\mathrm{rh}} \leq 0.2 \left(rac{100}{g_{\mathrm{rh}}}
ight)^{1/4} \left(\Gamma M_P
ight)^{1/2} \, .$$

duration of reheating (and effective equation of state) affects expansion history after inflation and hence the number of e-folds when present horizon scale exits Hubble scale during inflation

$$N_* = 67 - \ln\left(\frac{k}{H_0}\right) + \frac{1}{4}\ln\left(\frac{V_*^2}{M_P^4\rho_{\rm end}}\right) + \frac{1}{12}\ln\left(\frac{\rho_{\rm rh}}{\rho_{\rm end}}\right) - \frac{1}{12}\ln(g_{\rm rh})$$

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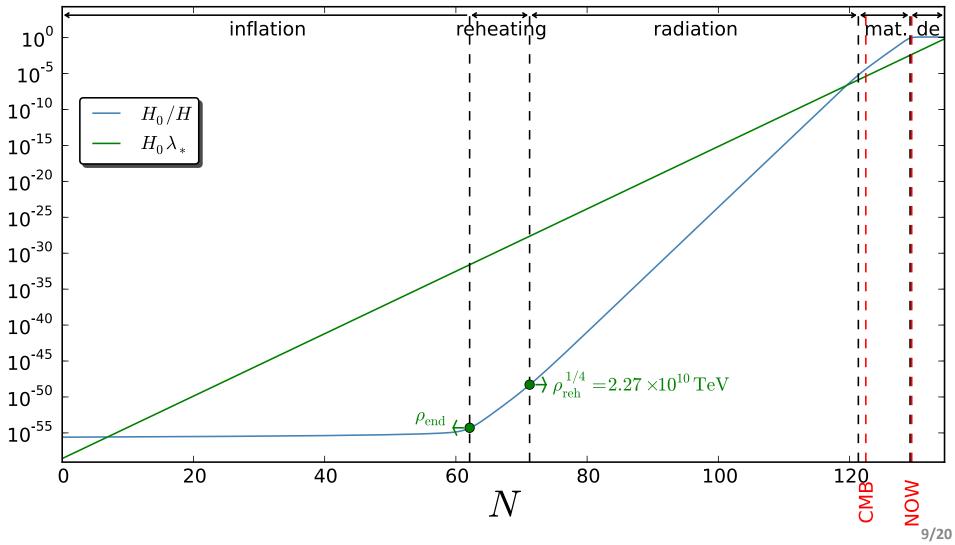
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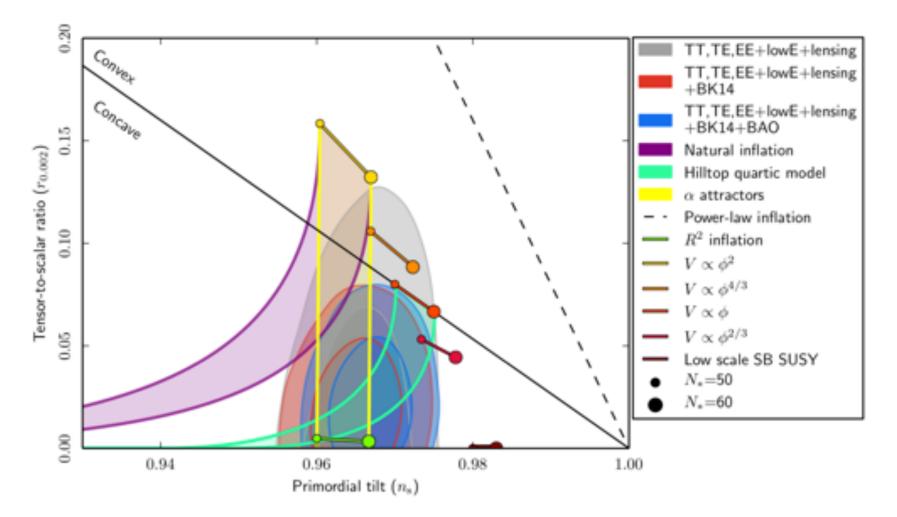
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## **Role of Reheating**



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### Models of inflation: small-field inflation $V(\varphi)$

• also known as hill-top inflation:  $\varphi < \mu < M_P$ 

$$V(\varphi) = V_0 \left( 1 - \left( \frac{\varphi}{\mu} \right)^p + \ldots \right) \quad \text{for } p \ge 2$$

slow-roll parameters:

$$\epsilon \propto \left(\frac{M_P}{\mu}\right)^2 \left(\frac{\varphi}{\mu}\right)^{2(p-1)} , \quad \eta \propto \left(\frac{M_P}{\mu}\right)^2 \left(\frac{\varphi}{\mu}\right)^{p-2}$$
$$\Rightarrow \quad \frac{\epsilon}{|\eta|} = \frac{p}{2(p-1)} \left(\frac{\varphi}{\mu}\right)^p \ll 1 \quad \text{for } \varphi \ll \mu$$

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Large-field inflation

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$$\Rightarrow \quad \frac{\epsilon}{|\eta|} = \frac{p}{2(p-1)} \left(\frac{\varphi}{\mu}\right)^p \ll 1 \quad \text{for } \varphi \ll \mu$$

e-folds:

$$N(\varphi, \varphi_{\text{end}}) \simeq \frac{8\pi}{p(p-2)} \left(\frac{\mu}{M_P}\right)^2 \left(\frac{\varphi}{\mu}\right)^{-(p-2)} \quad \text{for } p > 2$$
  
$$\Rightarrow \quad \eta(N) \simeq -\left(\frac{p-1}{p-2}\right) \frac{1}{N} \quad \text{for } N \gg 1$$

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### Models of inflation

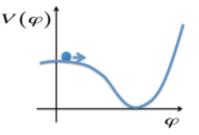
Large-field inflation

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Small-field inflation

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- initial conditions problem for small field inflation?
  - require  $\varphi_{\rm ini} \ll \mu$  for  $N \gg 1$
  - how likely is this?
  - need a theory of initial conditions for inflation
     stochastic inflation

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### Models of inflation: Natural inflation

 pseudo-Nambu Goldstone boson, weakly-broken U(1) symmetry

$$V = rac{V_0}{2} \left[ 1 + \cos\left(rac{\sqrt{2}\varphi}{\mu}
ight) 
ight]$$

corresponds to hill-top inflation with n = 2:

$$\epsilon = \frac{1}{4\pi} \left(\frac{M_P}{\mu}\right)^2 \left(\frac{\varphi}{\mu}\right)^2 \quad , \quad \eta \simeq -\frac{1}{4\pi} \left(\frac{M_P}{\mu}\right)^2$$

slow-roll inflation,  $|\eta| \ll 1$ , requires  $\mu \gg M_P$ .

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### Models of inflation: Starobinsky's $R^2$ inflation

• f(R) gravity:

$$f(R) = R + \frac{1}{6M^2}R^2$$

conformal transformation to Einstein gravity

$$g_{\mu
u} o ilde{g}_{\mu
u} = f'(R) g_{\mu
u}$$

• potential for minimally-coupled field  $\chi \propto M_P \ln f'(R)$ 

$$V(\chi) = M^2 M_P^2 \left(1 - e^{-\sqrt{3/2}\chi/M_P}\right)^2$$

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### Models of inflation: Starobinsky's $R^2$ inflation



plateau inflation:

$$V(\chi) = M^2 M_P^2 \left(1 - e^{-\sqrt{3/2}\chi/M_P}
ight)^2$$

• corresponds to "small-field" inflation in limit  $p \to \infty$ :

$$\eta\simeq -rac{1}{N} ~,~ \epsilon\simeq rac{3}{4N^2}\ll |\eta|$$

observational parameters:

$$n_R - 1 \simeq -\frac{2}{N} \approx -0.04$$
 ,  $r \simeq \frac{12}{N^2} \approx 0.004$ 

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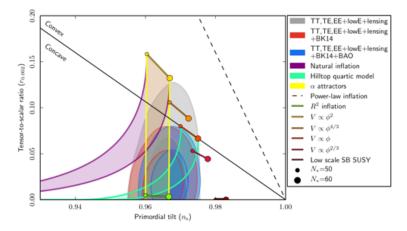
### Starobinský milation

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### Models of inflation: Higgs inflation

symmetry-breaking potential:

$$V(\varphi) = \frac{\lambda}{4} \left(\varphi^2 - \varphi_{vev}^2\right)^2$$

 $V(\varphi)$ 

• requires large non-minimal coupling  $\xi \gg 1$  to curvature:

$$\mathcal{L}_{
m nmc} = \xi \varphi^2 R$$

• conformal transformation to minimally-coupled field  $g_{\mu\nu} \rightarrow \tilde{g}_{\mu\nu} = (\xi \varphi^2 / M_P^2) g_{\mu\nu}$ 

$$V 
ightarrow ilde{V}(\psi) = rac{\lambda}{4\xi^2} M_P^4 \left(1 - e^{-\psi/M_P} + \ldots
ight)$$

• corresponds to small field inflation in limit  $p \to \infty$ :

$$\eta \simeq -\frac{1}{N} \quad , \quad \epsilon \sim \eta^2$$

predictions very similar to Starobinsky's R<sup>2</sup>-inflation

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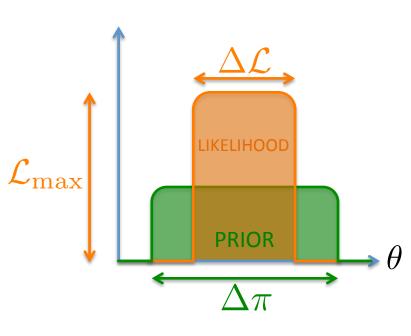
Higgs inflation

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## **Bayesian Approach**

### to model comparison

Bayesian evidence: Integral of the likelihood over parameter prior



$$\mathcal{E}\left(\mathcal{M}
ight) = \mathcal{L}_{\max} \; rac{\Delta \mathcal{L}}{\Delta \pi}$$

Compromise between quality of fit and simplicity

 $\ln (B_{ij}) > 5$ 

 $\ln (B_{ii}) > 1$ 

In (B<sub>ij</sub>) > 2.5

Bayes factor = ratio of evidence

$$B_{ij} = E(M_i) / E(M_j)$$

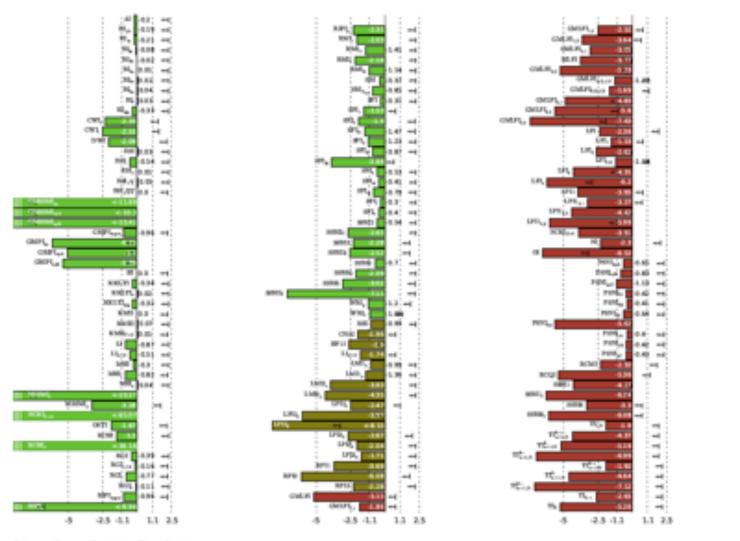
Jeffreys scale

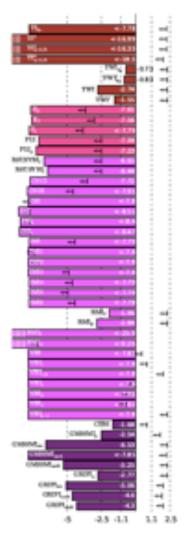
- Strong evidence
- Moderate evidence
- Weak evidence
- Inconclusive In (B<sub>ij</sub>) < 1

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## Bayesian evidences computed with Planck

Martin, Ringeval, Trotta & Vennin (2014): 193 inflaton models

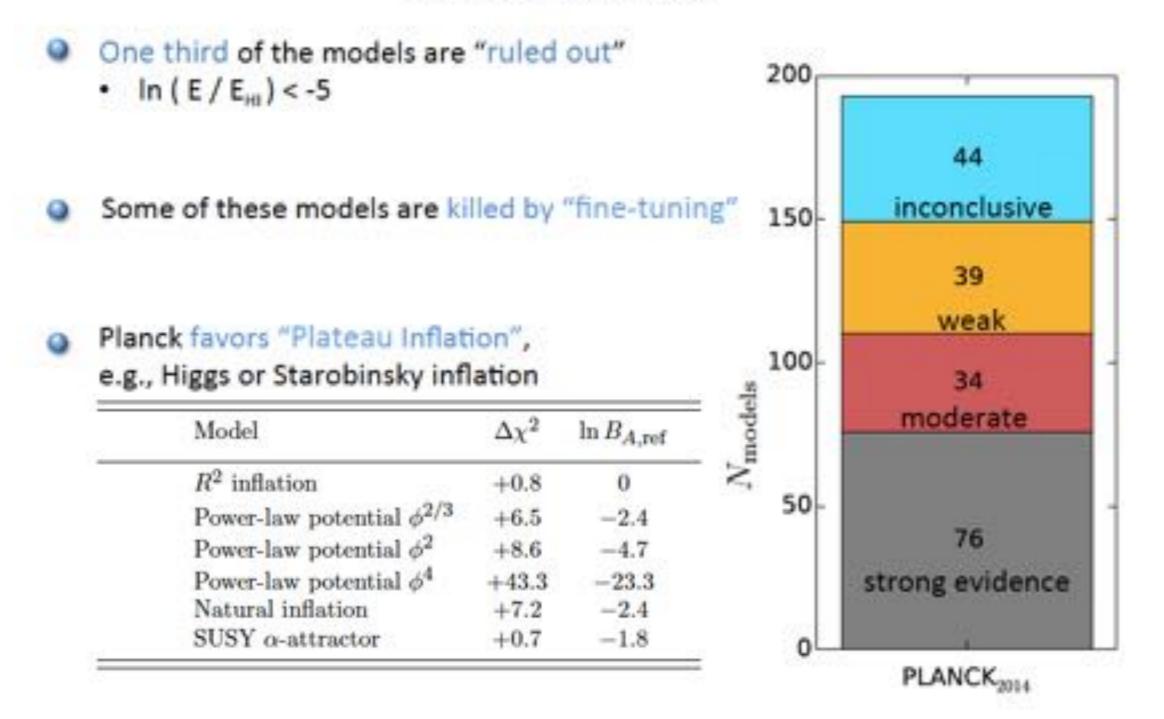




Schwarz-Terrero-Escalante Classification:

## Bayesian evidence computed with Planck data

Summary of the results



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Stochastic inflation

# phenomenology

Could inflation be very different from a simple single scalar field?
and, if it was, how would we know?

singlefield nencincloque  $V(\varphi)$ Inflaton adiabatic field perturbations along background trajectory  $\zeta \sim H \frac{o\varphi}{\dot{\omega}}$ 

# mallifield phenomenology

Inflaton adiabatic field perturbations along background trajectory

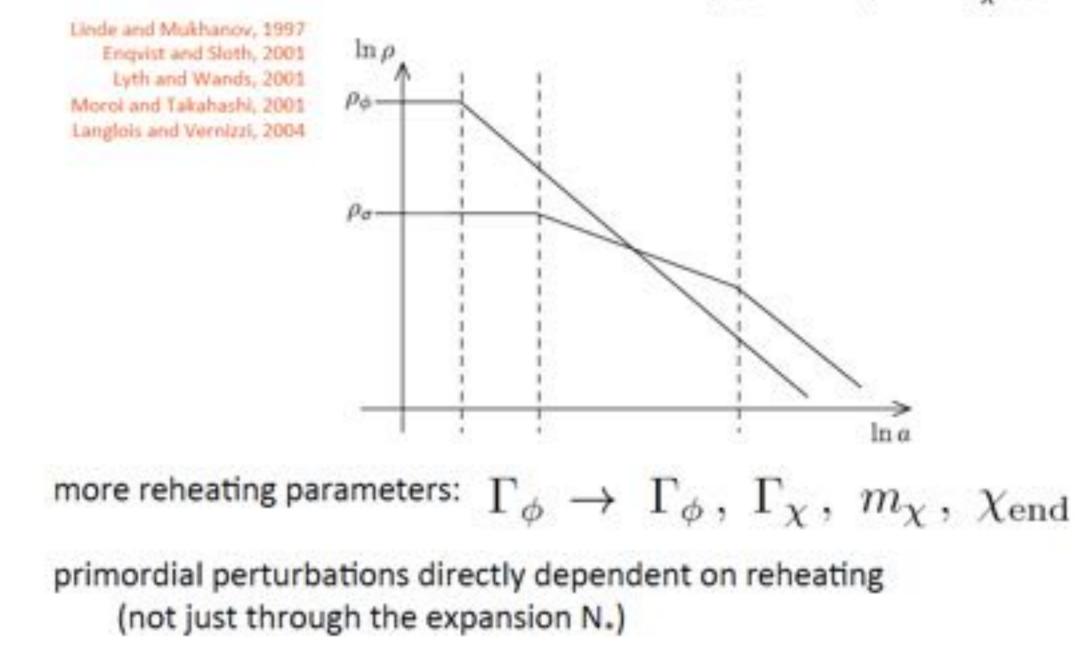
 $\xi \sim R_{\chi} \left( \frac{\delta \chi}{\chi} + \dots \right)$ 

curvaton

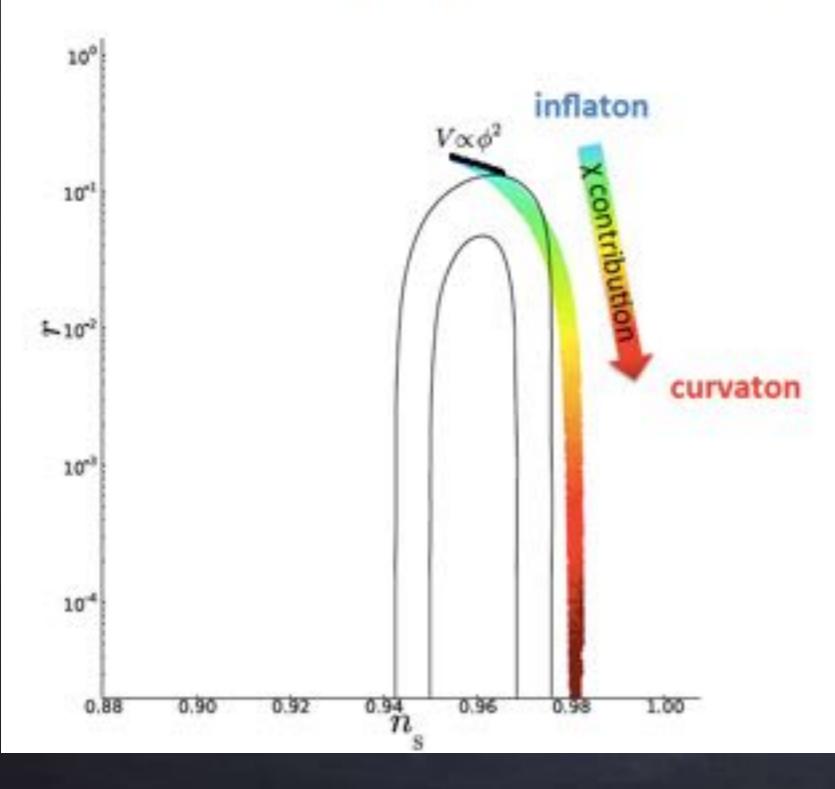
see also multi-field inflation, modulated reheating, inhomogeneous end of inflation...

## Inflaton models + curvaton field, $\chi$

Curvaton scenarios with quadratic potential  $V(\phi, \chi) = U(\phi) + m_{\chi}^2 \chi^2/2$ 

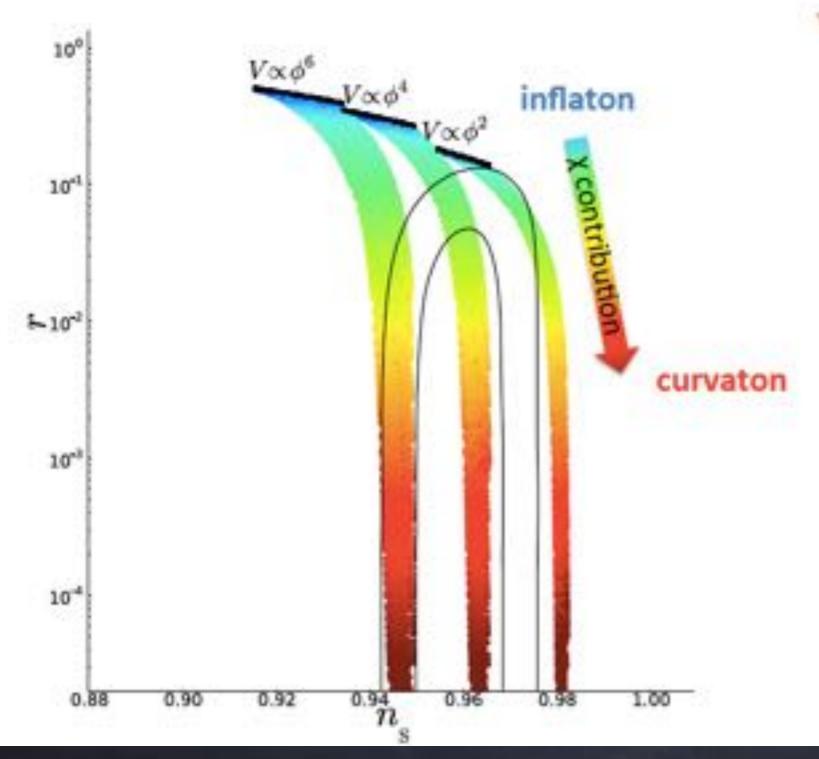


# quadratic large-field (chaotic) inflaton plus quadratic curvaton, $\chi$



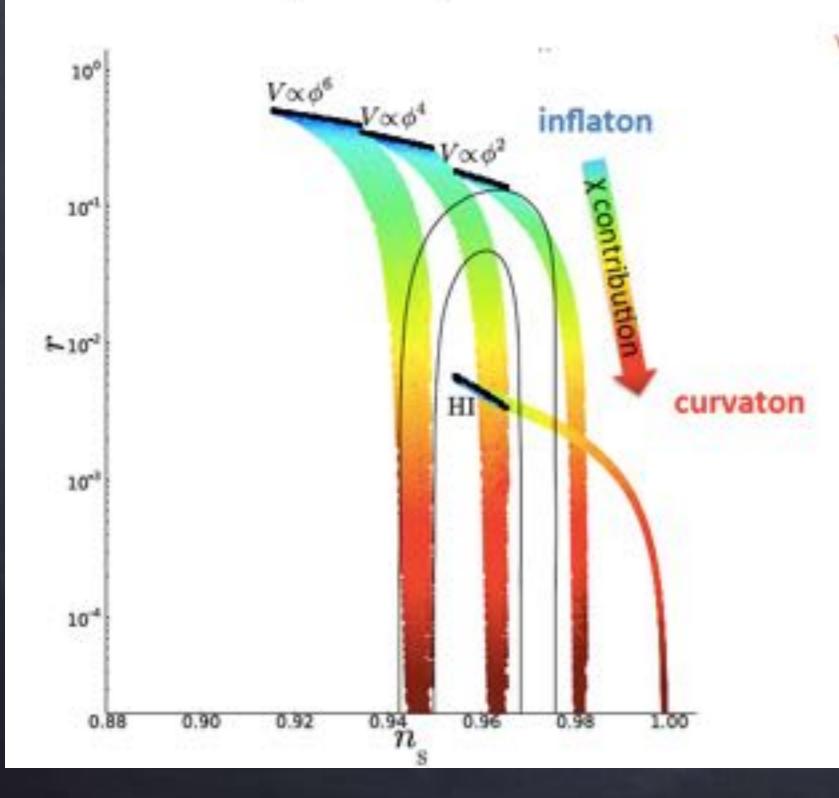
Bartolo & Liddle (2002) Ellis, Fairbairn & Sueiro (2014) Byrnes, Cortes & Liddle (2014) Smith & Grin (2015) Vennin, Koyama & Wands (2015)

# large-field inflaton (LFI) plus quadratic curvaton, $\chi$

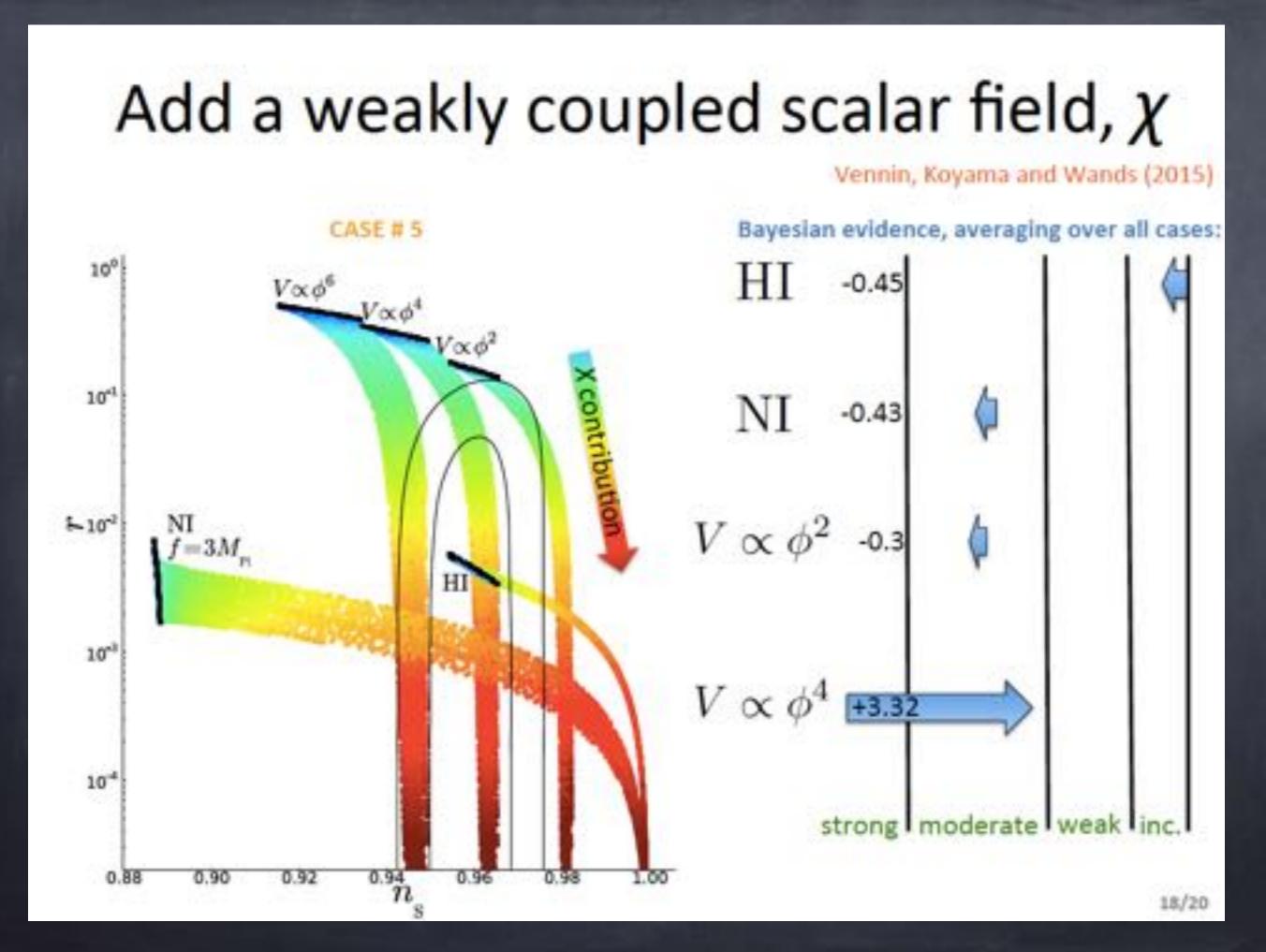


Vennin, Koyama and Wands (2015)

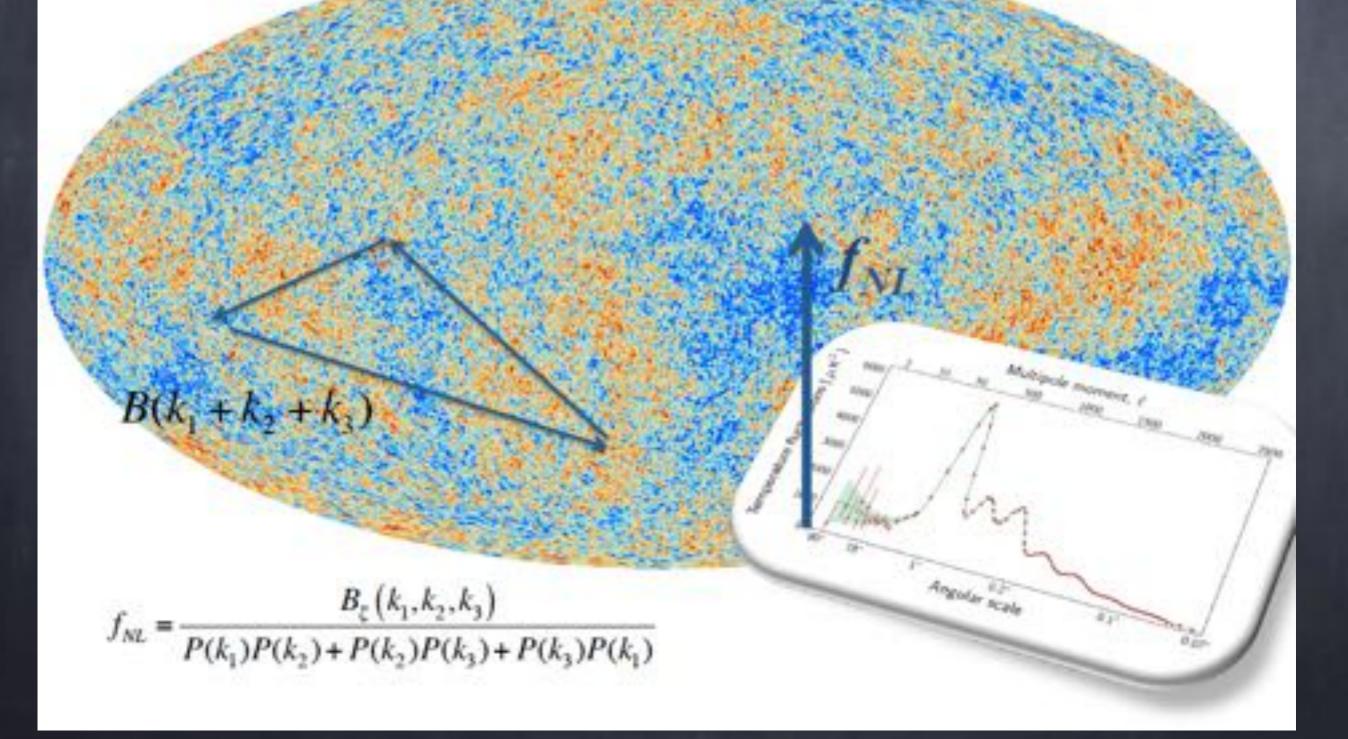
## Higgs/Starobinsky inflation (HI) & LFI plus quadratic curvaton, χ



Vennin, Koyama and Wands (2015)



### more information in higher-order correlators...



## curvaton scenario:

Linde & Mukhanov 1997; Enqvist & Sloth, Lyth & Wands, Moroi & Takahashi 2001

### curvaton $\chi$ = weakly-coupled, late-decaying scalar field

light field (m<H) during inflation acquires an almost scale-invariant, Gaussian distribution of field fluctuations on large scales

 $V(\chi)$ 

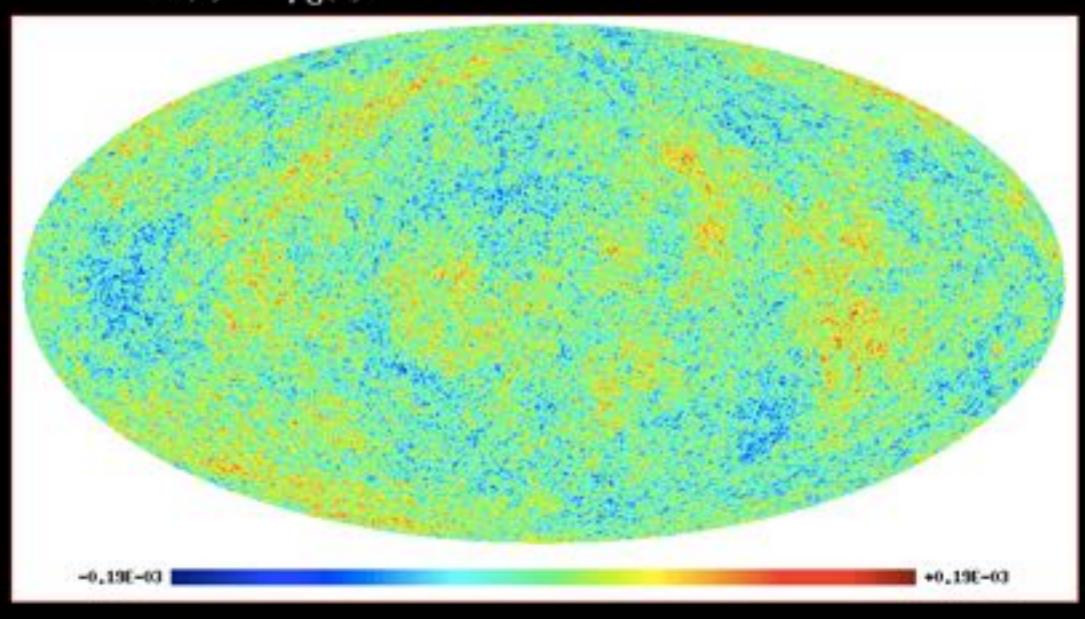
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quadratic energy density for free field, ρ<sub>χ</sub>=m<sup>2</sup>χ<sup>2</sup>/2
 spectrum of initially isocurvature density perturbations

$$\zeta_{\chi} \approx \frac{1}{3} \frac{\delta \rho_{\chi}}{\rho_{\chi}} \approx \frac{1}{3} \left( \frac{2\chi \delta \chi + \delta \chi^2}{\chi^2} \right)$$

transferred to radiation when curvaton decays after inflation with some efficiency,  $\theta < R_{\chi} < 1$ , where  $R_{\chi} \approx \Omega_{\chi,decay}$  $\zeta = R_{\chi}\zeta_{\chi} \approx \frac{R_{\chi}}{3} \left(2\frac{\delta\chi}{\chi} + \frac{\delta\chi^2}{\chi^2}\right)$  $= \zeta_{G} + \frac{3}{4R}\zeta_{G}^{2} \Rightarrow f_{NL} = \frac{5}{4R_{\chi}}$ 

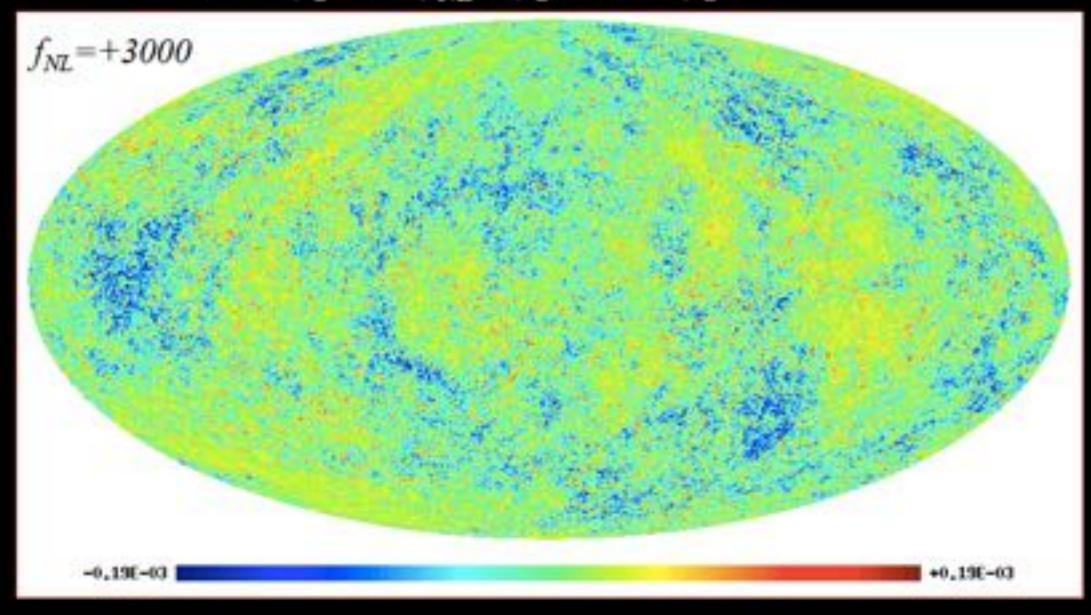
### Newtonian metric potential a Gaussian random field $\Phi(x) = \phi_G(x)$



 $\Delta T/T \approx -\Phi/3 \approx -\zeta/5$ 

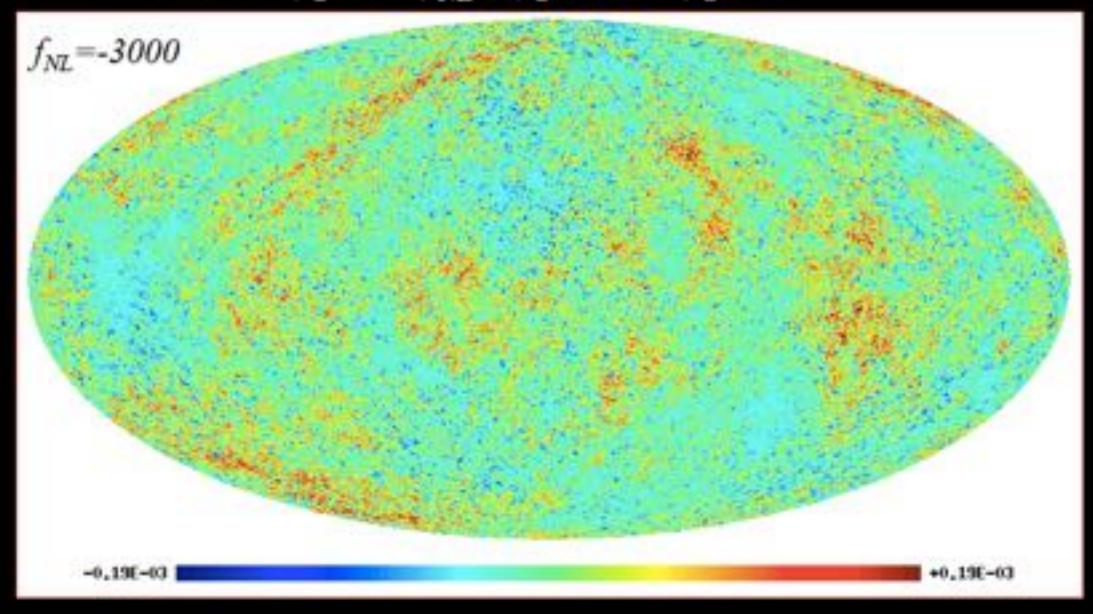
Liguori, Matarrese and Moscardini (2003)

### Newtonian metric a local function of Gaussian random field $\Phi(x) = \phi_G(x) + f_{NL} (\phi_G^2(x) - \langle \phi_G^2 \rangle)$



 $\Delta T/T \approx -\Phi/3$ , so positive  $f_{NL} \Rightarrow$  more cold spots in CMB Liguori, Matarrese and Moscardini (2003)

### Newtonian potential *a local function of Gaussian random field* $\Phi(x) = \phi_G(x) + f_{NL} (\phi_G^2(x) - \langle \phi_G^2 \rangle)$



 $\Delta T/T \approx -\Phi/3$ , so negative  $f_{NL} \Rightarrow$  more hot spots in CMB Liguori, Matarrese and Moscardini (2003)

## constraints on fhil

WMAP9 2-sigma constraints (Bennet et al 2012)

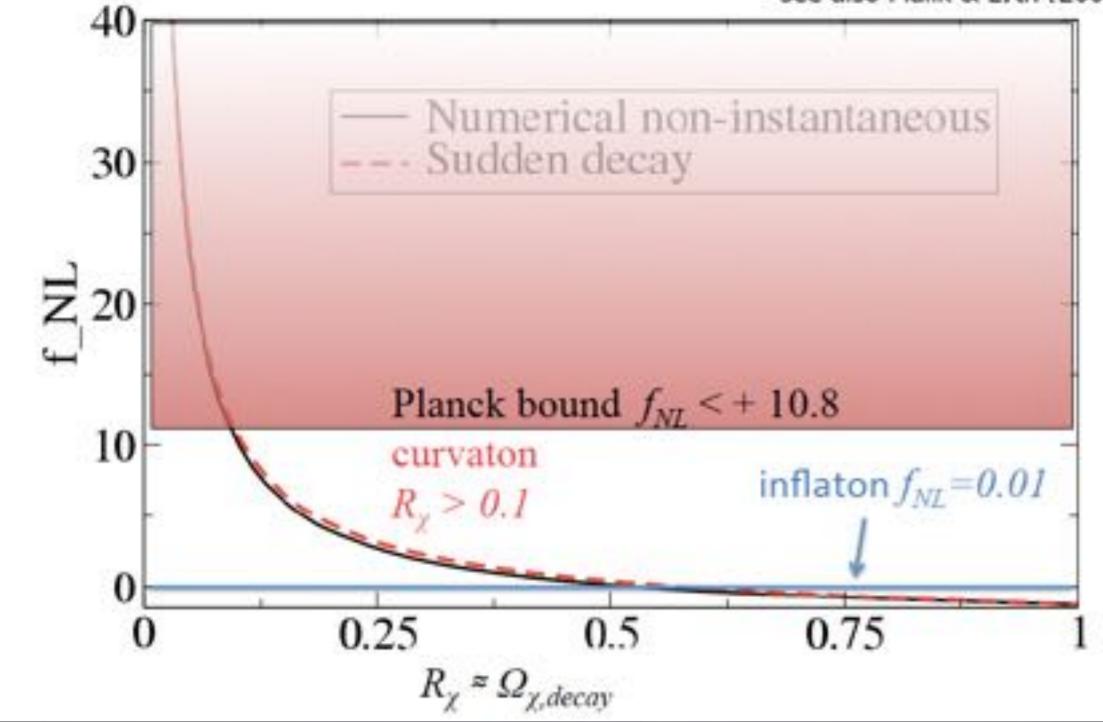
- local: -3 < fNL < 77
   </p>
- o equilateral: -121 < fNL < 223
- o orthogonal: -445 < FNL < -45

@ Planck2015 1-sigma constraints (Ade et al 2015)

- o local: fNL = 0.8 + / 5.0
- o equilateral: fNL = -4 + / 43
- o orthogonal: fNL = -26 +/- 21
- @ SDSS BOSS galaxy power spectrum (Giannantonio et al 2015)
  - local: fNL = 5 + / 21

### non-linearity parameter for quadratic curvaton

Sasaki, Valiviita & Wands (2006) see also Malik & Lvth (2006)



# future constraints on FNL?

ORE-M5 1σ forecast bounds

- o local: fNL = 2.1
- @ equilateral: fNL = 21
- orthogonal: fNL = 9.6

⊙ SDSS BOSS galaxy bispectrum 10 forecast (Tellarini et al 2016)

o local: fNL = 1

BOSS + Euclid satellite 1σ forecast (Tellarini et al 2016)

o local: fNL = 0.4

#### Outline

#### Models of inflation

Large-field inflation Small-field inflation Natural inflation Higgs inflation Starobinsky inflation

#### Inflationary phenomenolgy

Multi-field models and non-Gaussianity Stochastic inflation

#### Theoretical cosmology

#### David Wands

#### Models of inflation

Large-field inflation Small-field inflation Natural inflation Higgs inflation Starobinsky inflation

#### nflationary phenomenolgy

Multi-field models and non-Gaussianity

Stochastic inflation

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## an inflationary landscape:

quantum fluctuations produce
 stochastic noise term for coarse grained fields on super-Hubble scales

$d\sigma$ _	$dV/d\sigma$	$H_{c}$
$\overline{dN}$ –	$3H^2$	$-\overline{2\pi}^{\zeta}$

leads to probability distribution
 function for local field values

 $\frac{\partial}{\partial N}P(\sigma,N) = \frac{\partial}{\partial \sigma} \left[\frac{dV/d\sigma}{3H^2}P(\sigma,N)\right] + \frac{1}{2}\left(\frac{H}{2\pi}\right)^2 \frac{\partial^2}{\partial \sigma^2}P(\sigma,N)$ 

## stochastic inflation for the practical cosmologist

- stochastic probability distributions for initial field values in multiple field inflation:
  - the stochastic spectator (Hardwick, Vennin, Byrnes, Torrado & Wands, arXiv:1701.06473)
- ⊘ stochastic delta-N (Vennin & Starobinsky, arXiv:1506.04732):
  - infinite inflation (divergent <N>) can lead to infinite perturbations
  - regularise inflation at Planck scale to get finite
     primordial power spectrum (Vennin et al, arXiv:
     1604.06017)

# an inflationary cosmologist's agenda:

- 1. prove inflation really happened (Monday)
  - search for a smoking gun
- 2. show how inflation happened (Tuesday)
  - what is the correct inflation model?
- 3. explore inflationary phenomenology (Wednesday Thursday)
  - primordial perturbations, gravitational waves, black holes, etc
  - particle production and reheating after inflation
- 4. understand the inflationary landscape (Friday)
  - multiverse, measure problem, anthropic arguments, alternatives

#### References I

A. R. Liddle and D. H. Lyth, Cosmological inflation and large-scale structure, Cambridge University Press, 2000.

J. Ellis and D. Wands, *Inflation*, Review of Particle Physics, Particle Data Group, 2016.

S. Tsujikawa, B. A. Bassett and D. Wands, Inflation dynamics and reheating, astro-ph/0507632.

P. A. R. Ade, *et al*,

*Planck 2015 results. XX. Constraints on inflation, arXiv:1502.02114.*  Theoretical cosmology

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Appendix

References

## end of part three

